**EFFECTS ON PEOPLE’S HEALTH**

Bad effect

1. Health (n): sức khỏe

Playing sport is good for health

1. Healthy(adj): khỏe mạnh
2. Effect(influence=impact)(n) tác dụng

The development of tourism has both good and bad effect to local people

1. Affect(v) ảnh hưởng

Somking affects our health

1. Badly(adv) : xấu
2. Negatively(adv): tiêu cực

More Smolking will cause negatively for healthy

1. Directly(adv) trực tiếp
2. Dangerously(adv): nguy hiểm

Alone at night is dangerously

1. Seriously (adv) nghiêm trọng

Error of you cause seriously damages(thiệt hại)

To company

1. Harmful (adj) có hại

Drinking various alcohol and beer will harmful for my healthy

1. Physical(adj):thể chất
2. Physical healthy: sức khỏe thể chất
3. Physical activities: hoạt động thể chất

Playing sports is one of useful physical activities

1. Mental health: sức khỏe tinh thần
2. Physical healthy problems: vấn đề về sức khỏe
3. Mental healthy problems: vấn đề sức khỏe tinh thần

Ex: Playing games can lead to physical healthy and mental healthy problems

1. Risk(n): nguy cơ

Somking can increase the lung cancer,heart disease(bệnh) and heathy problem other

1. Aggression (n) : hiếu chiến
2. Depression(n) chán nản
3. Anxiety(n) lo lắng

Ex: Playing game can cause mentral healthy problems like Aggression, depression, Anxiety and so on

1. Disease: bệnh
2. Cancer: ung thư
3. Obesity(n) : béo phì
4. Overweight(adj): thừa cân, béo phì
5. Heart desease: bệnh tim

Smoking can cause physical healthy problems such as , lung cancer, heart desease, obesity(béo phì),overweight,.. and other healthy problems

Fast food is the main cause obesity and dietbete

1. Eye strain(n) mỏi mắt
2. Headache(n) : đau đầu
3. Backache(n) : đau lưng
4. Dietbete(n): tiểu đường

Ex: watching TV too much can cause eye strain

1. Dangerous desease(n) bệnh nguy hiểm
2. Chemical(n): hóa chất
3. Poisonous chemical: chất độc
4. Cause(n,v): Nguyên nhân, gây ra
5. Lead to: dẫn tới
6. Increase the risk of: tăng nguy cơ
7. Destroy(v): phá hủy
8. Die of: chết vì
9. Milios of people die of healthy problems related to smoking every day
10. It is the fact that: sự thật là
11. Cannot deny that: chúng ta không thể phủ nhận rằng
12. According to some medical studies: theo một vài bài nghiên cứu y học